

7 Methods of hair color and a guide to help you use them.

by David Groshen*

	Clothing colors that get the most compliments	Skin tones	Eye color	Personalities	Ideal hair color range	Ideal highlights	
Warm	<p><i>Bright, clear with yellow undertones</i></p> <ul style="list-style-type: none"> Ivory Peach Beige Apricot Camel Yellow Aqua Oyster Chartreuse Pumpkin Teal Salmon 	<ul style="list-style-type: none"> Pale ivory Golden ivory Peaches and cream Peachy beige Warm light brown 	<ul style="list-style-type: none"> Aqua Blue Green Amber Hazel 	<ul style="list-style-type: none"> Meg Ryan Halle Berry Christie Brinkley Goldie Hawn Brad Pitt Kate Hudson 	<ul style="list-style-type: none"> Warm golden blonde Honey blonde Strawberry blonde Med golden blonde Light warm red Dark golden blonde Light warm brown 	<ul style="list-style-type: none"> Honey Gold Toast Golden red Ale tone 	Spring
Warm	<p><i>Warm with gold and orange undertones</i></p> <ul style="list-style-type: none"> Brown Beige Gold Rust Olive Khaki Mustard Turquoise Coral Tan Medium brown Orange/red 	<ul style="list-style-type: none"> Light to dark peach Golden beige Bronze Ruddy Cafe au lait Chocolate 	<ul style="list-style-type: none"> Warm brown Topaz Turquoise Green Flecks of amber or green 	<ul style="list-style-type: none"> Cindy Crawford Nicole Kidman David Letterman Miley Cyrus Jennifer Aniston Robert Patterson Beyoncé Knowles 	<ul style="list-style-type: none"> Honey blonde Tawney blonde Medium to deep warm brown Warm deep auburn Copper Ginger Chestnut Mahogany 	<ul style="list-style-type: none"> Strawberry Red Auburn Muted golden red Blonde 	Autumn
Cool	<p><i>Soft and cool with blue undertones</i></p> <ul style="list-style-type: none"> Pink Rose It blue Grey Jewel tones Rose beige Lavander Dusty navy Silver Mauve Plum 	<ul style="list-style-type: none"> Cool beige Translucent pink Rose beige Rose brown 	<ul style="list-style-type: none"> Blue Gray Brown Hazel Grey green 	<ul style="list-style-type: none"> Sharon Stone Brad Pitt Paul Newman Cameron Diaz Leonardo DiCaprio Ali Larter 	<ul style="list-style-type: none"> White bonde Flaxen blonde Light to medium ash brown Taupe 	<ul style="list-style-type: none"> Heather Champagne Flaxen blonde Sandy Burgundy 	Summer
Cool	<p><i>Vivid clear and icy with blue undertones</i></p> <ul style="list-style-type: none"> Black White Fuschia Blue/reds Jewel tones Silver Charcoal Royal blue Emerald green 	<ul style="list-style-type: none"> Magnolia white Light to medium rose beige Light to dark olive Alabaster to black 	<ul style="list-style-type: none"> Dark brown Blue Black Grey Hazel Blue green Violet 	<ul style="list-style-type: none"> Demi Moore Tom Cruise Elizabeth Taylor Bruce Lee Selena Gomez Rihanna 	<ul style="list-style-type: none"> Platinum Salt & pepper Raven black Dark ash brown Black brown Plum brown 	<ul style="list-style-type: none"> Aubergine Dark grape Pale blonde Icy blonde Boysenberry 	Winter

Now, Match up your goals as closely as possible with the selections on the top of pages 8-14 to determine the color delivery method that will best suit your needs, always keeping in mind your best color range.

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Visit **DavidGroshen.com** for more information or more tips on your hair!